

FIND YOUR CAUSE

INTERESTS		HOBBIES
<input type="checkbox"/> Art <input type="checkbox"/> English <input type="checkbox"/> Government & politics <input type="checkbox"/> History <input type="checkbox"/> Math <input type="checkbox"/> Music		<input type="checkbox"/> Computer <input type="checkbox"/> Outdoors <input type="checkbox"/> Sports <input type="checkbox"/> Games <input type="checkbox"/> Puzzles <input type="checkbox"/> Reading
SKILLS		
<input type="checkbox"/> art <input type="checkbox"/> coaching <input type="checkbox"/> cooking <input type="checkbox"/> driving <input type="checkbox"/> fundraising <input type="checkbox"/> gardening		<input type="checkbox"/> home repair <input type="checkbox"/> office skills <input type="checkbox"/> photography <input type="checkbox"/> teaching <input type="checkbox"/> webpage design <input type="checkbox"/> writing
WOULD YOU RATHER WORK WITH...		
<input type="checkbox"/> Animals or <input type="checkbox"/> Adults or <input type="checkbox"/> Teens or		<input type="checkbox"/> People? <input type="checkbox"/> Children? <input type="checkbox"/> Seniors?
SOCIAL PROBLEMS TO HELP...		
<input type="checkbox"/> addiction <input type="checkbox"/> domestic violence <input type="checkbox"/> education <input type="checkbox"/> environment <input type="checkbox"/> health <input type="checkbox"/> homelessness		<input type="checkbox"/> hunger <input type="checkbox"/> illiteracy <input type="checkbox"/> mental health <input type="checkbox"/> natural disasters <input type="checkbox"/> poverty <input type="checkbox"/> unemployment
HOW to help and WHERE?		
<ul style="list-style-type: none"> • Assist teachers • Build housing • Cultivate a community garden • Design newsletter • Deliver meals to seniors • Drive patients to appointments • Foster pets • Fundraising events • Give tours • Help with events • Hold newborns • Office assistance • Play games with seniors • Read to children • Teach financial literacy • Tutor reading • Walk dogs 	OPPORTUNITIES Aging: Meals on Wheels, Senior Center, nursing home Animals: ASPCA, Humane Society Arts: Arts Council Children: Big Brothers/Big Sisters, CASA, Make a wish, Toys for Tots Emergency Help: Citizen Patrol, Salvation Army Environment: Audubon, Greenpeace, Nature Conservancy Health: hospital, blood drives, St. Judes History: museum or historical society Housing: Habitat for Humanity Library & Literacy: book sales, reading tutor, teach computer skills Mental Health: Compeer, United Way Politics: Political campaign office Veterans: Wounded Warriors	

AIM for a cause that is active, inspiring, and meaningful

Problems in the world include global warming, hunger, overpopulation, poverty, and many more. Some people struggle to meet basic needs with enough food, medical care, money, and information. What problems do you most want to change? What organizations are working to solve the problems? What talents and skills you can contribute to help?

A to Z of problems or causes, *actions*, populations & places:

- A** Abuse, addiction, alcoholism, animals, art
- B** Blood drives, book sales, building homes
- C** Computer literacy, climate change, conservation, community building
- D** Drug abuse, domestic violence, disabled, *deliver meals, drive patients*
- E** Education, emergency help, environment, *events*
- F** Financial literacy, *fundraising*, foster children, food pantry
- G** Garden-community, global warming, gun control
- H** Homeless, housing, hunger, health, hospitals, historical society
- I** Identity, illiteracy, immigration, inequality, isolation
- J** Justice
- K** Kids
- L** Libraries, *legal assistance*, loneliness
- M** Medical assistance, mental health, minimum wage, *meals, mentoring, museums*
- N** Nature
- O** Overpopulation
- P** Poverty, pollution, politics
- Q** Quiz
- R** Reduce, reuse, recycle
- S** Suicide, seniors, shelters
- T** Teen pregnancy, transportation, *tutoring*
- U** Unemployment
- V** Violence-gang, veterans
- W** War, water, wildlife
- X** *X-tra care*
- Y** Youth
- Z** Zero waste—reduce carbon footprint