Look for the intersection between what you are best at, what you love to do, what the world needs most, and what you can be paid for - Ikigai.

OHW.I		interests	
		personality	
		causes you are drawn to	
II.WHAT		core values	
		character strengths	
		personal values	
III. HOW		skills	
		strengths	
		talents	
IV. WHY		what creates flow state	
		what you always chase	
		what you want to build	
Purpose			

I. WHO	II. WHAT: your
interests	core values
personality	character
causes	personal values
III. HOW	IV. WHY: what
skills	you chase
strengths	creates flow
talents	you build

• Interests - things you love to learn about, favorite school subjects, hobbies you enjoy.

- Personality traits.
- Vision where you are going.
- Values important guiding principles.

• Core values – have intrinsic worth and are fairly universal among cultures and religion.

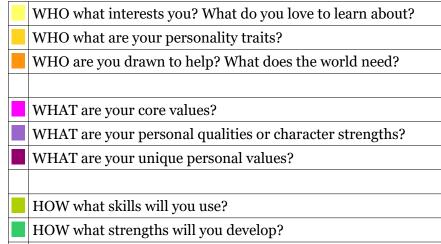
• Personal values – are subjective and can vary.

• Character strengths – your best personal qualities. What qualities do you admire in others?

• Skills – learned abilities. Think of a project you are proud of. What skills did you use?

• Strengths – developed talents. These are often things that are easy for you to do and you are good at.

- Talents natural abilities you want to share. You lose track of time & gain energy when you use them.
- Purpose- reason for being.
- Mission what you do and why.



HOW what natural abilities or talents do you have?

Three <u>Clues to Purpose</u>

WHY what are you always chasing?

WHY what are you doing in the state of flow?

WHY what do you want to build?

Flow requires your sole attention

Focus requires your soul

attention

- www.dailyplanit.com

DISCOVER PURPOSE to focus your soul attention

- <u>Discover U</u>: <u>interests & personality</u> | <u>AIM</u> <u>for a vision</u> that is Active Inspiring & Meaningful
- II. Map your values | Develop character
- III. <u>skills</u> | <u>strengths</u> | <u>Uncover hidden talents</u>
- IV. Discover <u>Clues to purpose</u> | Create a personal mission or <u>value statement</u> TOOLS

Self Assessment at the <u>Brand & Purpose Toolkit</u> <u>List.ly</u> links

Free ebook "How to Start a Fire"